

Artificial Intelligence Approaches for Improved Ultrasound Diagnosis of Liver Cirrhosis: A Review

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Abstract— Cirrhosis is a chronic, progressive disease characterized by the replacement of normal liver architecture by scar tissue, forming regenerative nodules. Cirrhosis has become a major public health problem, both because of its growing prevalence and the diversity of its complications, and their negative impact on patients' quality of life. The complexity of diagnosing cirrhosis, particularly in its early stages, remains a challenge due to its clinical and morphological heterogeneity. Ultrasound, although widely used, has limitations in the subjective interpretation of images. Faced with these limitations, artificial intelligence (AI), and more specifically machine learning and deep learning techniques, offer great prospects for improving ultrasound image analysis. This review aims to: (1) present recent methods for assessing liver fibrosis (F0 to F4) using machine learning; and (2) list cutting-edge solutions for diagnosing liver cirrhosis based on artificial intelligence, radiomics and ultrasound-omics. Based on a comparative analysis of existing studies, we focus on advances, limitations and specific ways to improve the accuracy and efficiency of AI-assisted ultrasound diagnosis.

Index Terms— Machine learning, Ultrasound, Liver Cirrhosis, Hepatitis, Deep learning, Machine learning, Diagnosis.

I. INTRODUCTION

Hepatitis B is a silent and often chronic disease, constituting a major public health problem in regions where it is endemic, with transmission mainly via blood and sex. Among its most serious complications, hepatic cirrhosis stands out as an advanced condition characterized by extensive fibrosis. This condition not only severely compromises liver function, but also significantly alters patients' health-related quality of life (HRQoL), due to factors such as advanced age, depression, clinical complications and sleep disorders.

Faced with the urgent need for early and accurate diagnosis for better management, ultrasound is emerging as an accessible, non-invasive imaging method. However, its interpretation relies heavily on human expertise, which can limit its accuracy, particularly in the early stages of the disease.

In this context, artificial intelligence (AI), applied to ultrasound image analysis, offers considerable potential for overcoming these subjective limitations and improving detection. The aim of this review is to examine solutions proposed in the scientific literature to improve ultrasound interpretation of the liver using AI. We are focusing on systems capable of detecting cirrhosis, or better still, assessing fibrosis stages (F0 to F4), based on approaches such as Machine Learning, Deep Learning or even radiomics. A better understanding of the factors influencing HRQoL, made possible by more reliable and earlier diagnoses via AI, is essential for optimizing overall patient management.

II. HISTORICAL AND METHODOLOGICAL ADVANCES IN THE ULTRASOUND DIAGNOSIS OF CIRRHOSIS

In the scientific literature, work on the ultrasound diagnosis of cirrhosis can be grouped into two main categories:

- Those focusing on the overall diagnosis of the disease, generally using images from low-frequency ultrasound probes.
- And those focusing on early diagnosis, using images from so-called superficial or high-frequency probes.

Over the decades, numerous studies have explored the possibilities of detecting cirrhosis using features extracted or automatically learned from ultrasound images via Artificial Intelligence.

A. The Foundations: Traditional Methods and Classical Machine Learning

Early research laid the foundations by using image analysis techniques to quantify hepatic changes:

- Garra et al. (1989) developed a multiparametric characterization system based on first- and second-order image statistics, outperforming human observers in detecting chronic hepatitis [1].
- Kadah et al (1996) developed classification algorithms for liver tissue structure analysis, with classifiers such as Bayes quadratic achieving notable sensitivity for general cases [2].
- Mojsilović et al. (1998) used the non-separable Quincunx wavelet transform to extract textural features, achieving overall accuracy of 90% for cirrhosis and steatosis, and demonstrating robustness to noise [3].
- Yeh et al (2003) applied wavelet-based extraction of

fractal and textural features, achieving accuracies of over 93% in differentiating between healthy, diseased or cirrhotic livers [4].

- Gletsos et al. (2003) proposed a diagnostic support system based on multilayer neural networks to distinguish various liver lesions, an approach adaptable to diffuse diseases [5].
- Resino et al (2011) designed a neural network based on clinical data to predict significant fibrosis (F2), showing high specificity [6].
- Virmani et al. (2012) combined a multiresolution transform (WPT) with an optimized SVM classifier, achieving 95% sensitivity and 88.3% overall accuracy for liver classification (normal, cirrhotic, or HCC) [7].

SVM decision function:

$$f(x) = \text{sgn}(\sum_{i=1}^n \alpha_i y_i K(x_i, x) + b) \quad (1)$$

- Lee et al. (2013) extracted features from wavelet transforms and Gabor filters to classify different liver diseases [8].
- Kalyan (2014) proposed a complete ultrasound image processing chain, including preprocessing and feature selection via WEKA, feeding an artificial neural network [9].
- Alivar et al. (2014) combined Gabor filters with wavelet packet transform and KNN classification, achieving very high performance for cirrhosis detection [10].
- Liu et al. (2017), in a critical review, summarized approaches based on texture extraction (fractal, statistical, spectral, hybrid) in liver ultrasound images, successfully tested via classifiers such as SVM and Random Forest [11].

These early studies demonstrated the potential of AI to analyze ultrasound images for cirrhosis detection, often based on manual or semi-automatic feature extraction and "classical" machine learning models (SVM, simple neural networks).

B. The Deep Learning Era: Towards More Accurate and Automated Diagnostics

Since 2017, the field has been revolutionized by the emergence of Deep Learning (DL), notably convolutional neural networks (CNNs), enabling models to learn complex patterns directly from raw image data, reducing reliance on manual feature extraction:

- Ma et al. (2019) used a deep learning framework (CNN) to assess liver fibrosis stages (F0-F4) from ultrasound images, demonstrating high accuracy and strong correlation with biopsy results [12].
- Liu et al. (2020) exploited transfer learning with pre-trained CNNs (ResNet, VGG) for cirrhosis classification from B-mode images, achieving impressive diagnostic performance [13].
- Zhou et al (2020) focused on the automatic detection and quantification of liver surface nodularity, a crucial

early sign, using CNNs to accurately identify these subtle changes [14].

- Xu et al (2021) combined radiomics with deep learning for the non-invasive assessment of liver fibrosis, extracting numerous quantitative features and using DL classifiers to predict fibrosis stages [15].
- Wang et al. (2022) developed a multi-task deep learning model that not only classified cirrhosis, but also simultaneously predicted relevant clinical parameters (portal hypertension, ascites), offering a more comprehensive assessment [16].
- Zhang et al (2023) explored explainable AI (XAI) techniques in deep learning diagnosis of liver fibrosis. By visualizing the AI's areas of interest, these methods increase clinicians' confidence and understanding of the model's decisions [17].
- Gao et al (2024) recently worked on real-time AI-assisted ultrasound systems integrating advanced signal processing and deep learning models to provide rapid and accurate assessments of liver stiffness and morphology, facilitating point-of-care diagnosis [18].

These recent advances, dominated by deep learning, mark a significant step towards more sophisticated, automated and potentially real-time integrable diagnostic tools in clinical practice, often outperforming previous methods based on manually designed features.

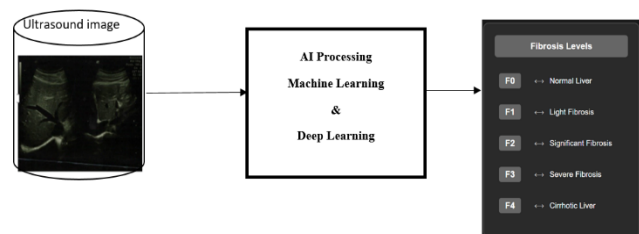


Fig. 1. Detection of liver fibrosis levels by artificial intelligence

III. TOWARDS EARLY DIAGNOSIS: THE ROLE OF ULTRASOUND PROBES AND AI APPROACHES

In this section, studies are classified according to the type of ultrasound probe used: low-frequency or high-frequency. This distinction is based on clinical practice, where radiologists typically employ a high-frequency probe to detect subtle, early signs of cirrhosis, such as irregularities in the hepatic contour or micronodules less than or equal to 3 mm in size. However, it is important to note that this finding does not yet allow us to state definitively that images from high-frequency probes, combined with Machine Learning techniques, systematically offer earlier detection of cirrhosis. More solid scientific evidence is needed to fully validate this hypothesis.

Early investigations and non-invasive markers

Early investigations set the stage for non-invasive diagnosis:

- Sebastiani et al (2007) evaluated the efficacy of several non-invasive markers and their progressive combinations in the diagnosis of significant fibrosis ($F \geq 2$ according to METAVIR) and cirrhosis (F4) in patients with chronic hepatitis B. The Fibrotest performed particularly well (PPV 87%, NPV 90%). Algorithms combining APRI, Fibrotest and biopsy significantly reduced (by 50% to 80%) the need for liver biopsy, while achieving areas under the curve (AUC) of 0.96 for significant fibrosis and 0.95 for cirrhosis [19].
- Li Zhang et al (2012) proposed an artificial neural network (ANN) model based on five ultrasound parameters (liver parenchyma structure, spleen thickness, hepatic vein waveform, pulsatile and damping index of hepatic artery and vein). In a sample of 239 patients, the model achieved sensitivities, specificities and accuracies of 95.0%, 85.0% and 88.3% respectively. However, limitations included an insufficient number of patients in the validation group and image interpretation remaining manual, subject to the limits of human perception [20].
- Liu et al (2016) conducted a study of 48 hepatitis B-related cirrhotic patients and 20 healthy subjects, introducing two innovative indices based on ultrasound contours: hepatic capsule continuity (CoC) and hepatic capsule regularity (SoC). Their analysis showed a statistically significant difference ($p < 0.05$) between most groups (healthy liver, mild, moderate, severe cirrhosis), with the exception of the moderate and severe groups, with the number of line segments required to outline the hepatic contour increasing with severity [21].

$$R = \frac{1}{N} \sum_{i=1}^{N-1} |x_{i+1} - x_i| \quad (2)$$
(Where x_i represents the coordinates of points on the contour)
- - Liu et al. (2017) published a complementary study, proposing a method for automatically localizing the liver capsule on an ultrasound image. Their classification model was based on the comparison of tissue texture above and below the capsule [22]. This approach is promising for early diagnosis, particularly with high-frequency probe images, which reveal fine details of the hepatic contour and nodules of regeneration, often invisible at low frequencies. However, this study was limited to contour analysis, under-exploiting other valuable information (parenchymal granularity, micronodules) available with high-resolution images.

Recent advances: Deep Learning and Integrative Approaches

Recent advances in Artificial Intelligence, particularly Deep Learning, have transformed the landscape, enabling more sophisticated analyses and increased automation:

- Ma et al (2019) used a deep learning framework (CNN) to assess liver fibrosis stages (F0-F4) from ultrasound images. Their model showed high accuracy, often outperforming traditional methods and correlating strongly with biopsy results [23].
- Liu et al (2020) explored learning transfer with pre-trained CNNs (such as ResNet and VGG) for cirrhosis classification from B-mode ultrasound images. Refinement of these architectures on their own data led to impressive diagnostic performance, demonstrating the effectiveness of this approach [24].
- Zhou et al (2020) focused their research on the automatic detection and quantification of liver surface nodularity using deep learning. This crucial early sign of cirrhosis could be accurately identified by their CNN-based method, offering an objective measure where subjective assessment was previously the norm [25].
- Xu et al (2021) investigated the combination of radiomics with deep learning for the non-invasive assessment of liver fibrosis. By extracting a large number of quantitative features from ultrasound images, then using deep learning classifiers to predict fibrosis stages, they significantly improved diagnostic power [26].
- Wang et al. (2022) developed a multi-task deep learning model that not only classified cirrhosis, but also simultaneously predicted clinically relevant parameters (such as portal hypertension or ascites) directly from ultrasound images, offering a more holistic assessment [27].
- Zhang et al (2023) explored explainable AI (XAI) techniques in the diagnosis of liver fibrosis using deep learning on ultrasound. By visualizing the image areas on which the AI focuses, these methods increase clinicians' confidence and understanding of the model's decisions [28].
- Gao et al (2024) recently worked on real-time AI-assisted ultrasound systems integrating advanced signal processing and deep learning models to provide rapid and accurate assessments of liver stiffness and morphology, facilitating point-of-care diagnosis [29].

The following table provides a comparative summary of the main studies identified in this review, highlighting the feature extraction techniques, classification methods used, and associated diagnostic performance.

Table 1: Comparative Synthesis of Studies on the Ultrasound Diagnosis of Cirrhosis by AI

Study	Feature Extraction	Classification Method	Types of Classes	Precision	Sensitivity	Specificity
Virmani et al. (2012)	Ondelette WPT + GLCM	SVM, KNN	Normal, Cirrhosis, CHC	88,3 %	95,0 %	85,0 %
Yeh et al. (2003)	Fractal texture + Wavelets	Hierarchical classifier	Normal vs. Abnormal	96,7 %	—	—
Lee et al. (2013)	Wavelet band M + Gabor	SVM, FKNN, MDC, PNN	Normal, Hepatoma, Cirrhosis	>90 %	—	—
Kadah et al. (1996)	Statistical texture	Quadratic Bayes, Max distance	Cirrhosis, Steatosis	Up to 86.5%	16.2% (Cirrhosis)	91.9% (Steatosis)
Alivar et al. (2014)	Gabor filters + Wavelets	K nearest neighbours (KNN)	Normal, Steatosis, Cirrhosis	100% (Cirrhosis)	100 %	100 %
Resino et al. (2011)	Clinical data (biochemical)	ANN-SF Network	Presence / Absence of F2	72,9 %	43,5–91,8 %	51,7–96,7 %
Ma et al. (2019)	Characteristics learned by CNN	convolutional neural network (CNN)	Stages of fibrosis (F0-F4)	high	high correlation	high correlation
Liu et al. (2020)	Characteristics learned by CNN	CNN (Learning Transfer)	Cirrhosis vs. Non-cirrhosis	high	impressive	impressive
Zhou et al. (2020)	Characteristics learned by CNN	CNN	Surface nodularity	precise	increased objectivity	increased objectivity
Xu et al. (2021)	Radiomics + Characteristics learned by DL	Deep Learning Classifier	Stages of fibrosis	very high	improved	improved
Wang et al. (2022)	Characteristics learned by DL	Multi-task DL Model	Cirrhosis + Clinical parameters	high	holistic	holistic
Zhang et al. (2023)	Characteristics learned by CNN	CNN with XAI	Stages of fibrosis	very high	explained	explained
Gao et al. (2024)	Signal processing + DL	real-time systems	Rigidity, Morphology	fast	precise	precise

VP (True Positive): Number of cases correctly identified as positive by the model.

Here the model correctly detects cirrhosis in a patient who indeed has one.

VN (True Negative): Number of cases correctly identified as negative. Here the model correctly identifies a healthy liver as non-cirrhotic.

FP (False Positive): Number of cases wrongly classified as positive. Here the model says that there is cirrhosis while the patient does not have one.

FN (False Negative): Number of cases wrongly classified as negative. Here the model does not identify cirrhosis while the patient has one.

These values are used in the following formulas:

$$\text{Sensitivity (or recall)} = \frac{VP}{VP+FN} \quad (3)$$

$$\text{Specificity} = \frac{VN}{VN+FP} \quad (4)$$

$$\text{Global precision} = \frac{VP+VN}{\text{Total}} \quad (5)$$

IV. DISCUSSION

The body of work reviewed highlights the significant advances made by artificial intelligence (AI) in the field of diagnosing liver cirrhosis from ultrasound images. Many authors have proposed modules combining textural feature extraction and classification via various Machine Learning or Deep Learning models. Deep Learning-based approaches, in particular, have shown increased potential for automating the extraction of complex features, often beyond the capabilities of conventional methods.

Texture analysis-based methods - whether using wavelet transforms, co-occurrence matrices or fractal descriptors - have been able to detect cirrhosis with an accuracy often in excess of 90%. However, the majority of these studies still focus on proven cases of cirrhosis (stage F4), leaving out early stages (F1, F2). Yet detection at these stages is crucial for effective therapeutic intervention and better disease management, potentially limiting impairment of health-related quality of life (HRQoL).

Furthermore, we note that several studies use clinical or biological variables in addition to, or even in place of, ultrasound images. Although these data are relevant to the

overall diagnosis, this limits the ability to directly assess the autonomous performance of imaging in a non-invasive diagnostic context. Furthermore, incorporating data influencing HRQoL - such as sarcopenia, hepatic encephalopathy or psychological health - into AI models would enable a more global and holistic assessment of the patient, going beyond simple morphological diagnosis and contributing to personalized management. In cases where images are used, the initial interpretation sometimes remains manual, which can introduce variability linked to the operator's experience and slow down the adoption of fully automated solutions.

The distinction between approaches using images from low-frequency probes and those from high-frequency probes is also essential. The latter offer better resolution of hepatic contour details and micronodules, decisive elements in the detection of early forms of the disease. However, these high-resolution data are still under-exploited in the majority of automatic classification studies, representing a promising area of research.

In summary, the current performance of AI-based models for the diagnosis of cirrhosis is promising. However, their clinical generalization and routine integration still require significant efforts, particularly in terms of:

- Standardization of ultrasound image acquisition protocols.
- Systematic consideration of early stages of fibrosis and cirrhosis.
- Increased sample size and diversity to improve model robustness and avoid overlearning.
- Further exploitation of data from high-frequency probes to refine early diagnosis.
- Validation on multi-center cohorts to ensure generalizability of models to diverse populations and equipment.

V. CONCLUSION

The application of artificial intelligence (AI) in ultrasound diagnosis of cirrhosis opens up great prospects, especially in terms of automating interpretation and reducing subjective bias. The various approaches proposed in this review, whether based on machine learning, deep learning, radiomics, or sonomics, have demonstrated the ability to distinguish healthy from cirrhotic livers, generally with high accuracy. However, there seems to be little research specifically focused on how to improve early diagnosis based on ultrasound images, especially those acquired with high-frequency probes. This area offers great opportunities for future research, as it could allow the detection of disease at a stage when therapeutic intervention is most effective. In addition, it is recommended to prioritize research on patients with hepatitis B to better understand the specificity of this common cause of cirrhosis and develop more targeted treatment plans. Further research is essential to improve the

robustness and generalizability of existing models, enrich learning databases with broader and more diverse samples, and validate these methods in real-world and multicenter clinical settings. Finally, it is strongly recommended to explore ways to combine AI-assisted diagnosis with improving patients' health-related quality of life (HRQoL). This can be achieved by integrating clinical, psychological, and socioeconomic data into intelligent systems to provide more comprehensive and personalized care for patients with cirrhosis.

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